



## Prayer Triplets

### Remember:

- There is power in praying together.
- The greatest need of the world is prayer.
- The greatest resource of the Church is prayer.

### Guidelines for Prayer Triplets

- Join with 2 or 3 people. Have a leader for each session.
- Your commitment will be to pray together for 30 minutes, either once a week or fortnightly. Choose a quiet place with no distractions.
- When you meet, start and end promptly. Be informal but try to keep chit chat to a minimum.
- Gossip about prayer requests will destroy the spirit of prayer. Avoid this both during and after your meeting.
- As you pray together-pray **short, simple and specific** prayers.
- Remember confidentiality.
- Specific components in prayer triplets could be:
  - Celebrate God's love. Start with worship to Him (You might listen to or sing a worship song here)
  - Pray faithfully and regularly for each other.
  - Prayer specifically e.g., an increase in regular church attendees, a family member or friend to come to faith.
  - Pray for those who minister, the Church, the community and have a global concern too.